

Mirrors



An Infant's Schedule

(Beginning at 6 weeks)



I CAN's team has designed a nurturing, creative world for infants to help their minds and bodies to develop. We are dedicated to this effort, because we know you are looking for a safe, secure home away from home where your child can learn, play and grow. Watch your infant take the first step toward a bright future as they share his or her developmental experiences at I CAN Child Care & Learning Center.

Infants are unique and have their own patterns for play, feeding and sleeping. We use these patterns as our guide to introduce daily activities that will prepare your infant for life. Our highly-trained teachers and staff offer a nurturing and creative environment for infants to develop their bodies and minds. We are committed to making this first transition away from home easy and natural for you and your child.



A Toddler's Schedule



Windows

(16 months–2 years)

In the morning:

7:00 Your child's teacher welcomes him/her into the classroom. We are getting ready for a great day of fun and learning.

8:00 Breakfast is served.

8:30 Outside! Time to stretch and strengthen gross motor skills!

9:00 Circle Time. Let's learn about the weather and our letters and numbers.

9:20 Centers - It's time to count our objects. How many do you have? And what color is that? And maybe we'll listen to music too! Let's clap and sing to the beat!

10:30 Time to settle down to prepare for lunch. Maybe we'll listen to a story after going potty and washing our hands.

11:00 A nutritious lunch, and then time to lay down for a rest.

In the afternoon:

11:30 Time for a rest!

1:30 I can be anywhere in the world when I explore new books from our classroom library.

2:30 Time for a nutritious snack.

3:00 Time to figure things out through exploration. Where will this shape fit on the shape board?

3:30 Centers & Small Group Activities - building cognitive and sensory skills

4:15 An outdoor break to observe nature and to discover the world around us.

5:00 Late evening snack to hold me over until dinner time at home.

5:30 Welcome back mommy & daddy.



Early Foundation's Schedule

(2 1/2 years- 3 1/2 years)



Bricks

In the morning:

6:30 Welcome! Your child runs in to grab his/her favorite book from the class library or goes to his favorite center.

8:15 Now the kids are hungry. Breakfast Time! How about some cereal and milk?

9:00 Circle Time. Let's learn about the weather and our letters and numbers.

9:30 Let's get some fresh air. Time to go outside for some fun.

10:00 Time for small groups. What group am I in? I'm going to learn skills that are planned just for me!

10:30 Let's explore how we might develop our fine or gross motor skills with a special planned activity. Maybe we'll even listen to music! Let's clap to the beat and act out songs like "Old McDonald."

11:00 My teacher wants to read to me. I can't wait to hear what the new story is about.

In the afternoon:

11:15 A nutritious lunch – what will we have today?

11:45 Time for some rest and relaxation.

1:45 It's outside we go.

3:00 A quick snack will keep us going for the rest of the day.

3:30 Time to reinforce what we've been learning about with a special planned activity.

4:05 Centers

5:00 Let's listen to a great story, put a puzzle together or explore the potato heads.

5:30 Time to go home!



Pre-School Schedule

(3 1/2 years- 5 years)



Ladders

In the morning:

7:30 Welcome! Your child is free to explore the learning centers while the teacher greets each pupil and parent. Will it be Science, Arts, or Reading for exploration?

8:45 Now the kids are hungry. Breakfast Time! How about a muffin and juice?

9:05 Circle Time. During the morning meeting, the teacher talks about the day ahead, and students can make suggestions or comments. They also participate in calendar and weather activities, ABC' & 123's

9:30 Literature, Literacy and Interactive Journal time.

10:30 Time for Math!

11:00 Let's get some fresh air. Time to go outside for some fun.

11:30 Bathroom & Hand washing

11:45 A nutritious lunch, and then time to lay down for a rest.

In the afternoon:

12:30 Time for some rest and relaxation. Your child takes a book to his/her cot. If she/he is an early riser, maybe a puzzle or a look through a book.

2:00 A quick snack will keep us going for the rest of the day.

2:25 Time for a 'SMART' activity. This gives children a chance to make inquiries and problem solve. (Science/Social Studies)

3:00 Social Skills lessons are important.

3:30 Outside! I can't wait to play outdoors with friends.

4:00 One more opportunity to listen to a great story. What will it be about this time?

4:15 Everyone will get together for music and fun. Let's try charades today with song titles. Or how about some instruments?

4:30 "Hi, mom and dad. I had fun today!"